The Effects of Inappropriate Words' Energy Transfer to Vulnerable People and How To Balance Them
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Background: the words' energy balances the human body function. Each person's energetic picture is modified more or less by the words' energy transfer, according to their interaction.

Purpose of the study: to reveal the effects of inappropriate words' energy transfer to vulnerable people, in order to perform a better disease management.

Methods & Materials: a qualitative study was performed by the author in the community, 2008 to 2016, relating to people verbal communication significance for their health. The outcomes of this type of people interaction were notified, and then corrected for improvement of patient safety.

Findings: in summer 2012, woman, 56, after an inopportune discussion with her family members had a severe headache, mouth pain, transitional decline of speech muscles' function.


Patient family health history:
parents: hypertension; brother: obesity.

Actions taken: the scared patient checked her blood pressure. Elevated blood pressure notified: 190/115 mm Hg. She urgently used the drugs prescribed by her family physician; she telephoned her doctor. The physician dealt with the situation using drugs, behavior change information; the doctor used best words' energy for communication with the patient, to balance unstable function of traumatized brain, heart vessels of the patient. The family physician also advised the patient's family about the possible unfortunate effects of improper talk for the disease's evolution. In person educational program was developed next years into community, to prevent worsening of health by inopportune discussions.

Results: in 2012, for that patient the recovery registered after 2 weeks; since that time no relapse reported.

Discussion: brain energy governance for the mind, heart function, must be taken into account. Middle age people prove to be sensitive to inappropriate words' energy transfer by speech to them; it alters the brain control, heart vessels' activity.

Implications: people must be educated to communicate with elegance, respect to individuals. Rude chat will be passed up, stopped, if necessary, to facilitate mainly the stability of mind, heart function.